

**WORCESTER COUNTY PUBLIC SCHOOLS
OCTOBER 2013 K-8 Schools**

Monday	Tuesday	Wednesday	Thursday	Friday
14-18 National School Lunch Wk 14 Columbus Day 18 Schools Closed 21-25 National School Bus Safety Wk 23-31 Red Ribbon Week 31 Halloween	1 <u>Chicken Biscuit</u> Turkey/Beef Hot Dog Baked Scoops w/Tex-Mex Baked Beans Garden Salad Chilled Fruit	2 <u>Breakfast Breads</u> BBQ Chicken w/ Roll Steak Fingers Baked <i>LOCAL</i> Sweet Potato Garden Salad Chilled Fruit	3 <u>Mini Pancakes</u> Fish Sandwich Chicken Tenders w/roll Corn Garden Salad Red Delicious Apple	4 <u>BeneFIT Bar</u> UNO Pizza Beef and Macaroni w/roll Oven Fries Green Beans Chilled Fruit
7 <u>Cereal</u> Soft Tacos Orange Chicken w/Br Rice California Blend Vegetables Pinto Beans Chilled Fruit	8 <u>Beef Sausage Sandwich</u> Chicken Tenders w/roll Beef Ribette Sandwich Scalloped Potatoes Garden Salad Fresh Fruit	9 <u>Mini Cinnis</u> Breadsticks w/Meat Sauce Cheeseburger Roasted Sw Potato Wedges Garden Salad Chilled Fruit	10 <u>Breakfast Sliders</u> Br. Mozzarella Sticks w/Marinara Sau Turkey Pepperoni Calzone Green Beans Garden Salad Chilled Fruit	11 <u>Bagel w/Sun Butter</u> BIG DADDY Pizza Curried Chicken Wrap Hash Brown Patty Broccoli Cuts Chilled Fruit
14 <u>Breakfast Breads</u> Kansas City BBQ Beef Sand Chicken Sandwich Boston Baked Beans Green Beans Chilled Fruit *NATIONAL	15 <u>Mini Pancakes</u> Texas Beef Enchiladas Popcorn Chicken w/roll Corn Garden Salad Fresh Apple Slices SCHOOL	16 <u>Cereal</u> New Orleans Shrimp Po'Boy Soft Tacos Macaroni and Cheese Garden Salad California Blend Vegetables New England Craisins LUNCH	17 <u>Pancake on Stick</u> Chicago UNO Pizza Cheeseburger Sweet Potato Bites Broccoli Cuts Chilled Fruit WEEK	18 SCHOOLS CLOSED MSEA CONVENTION
21 <u>Cereal</u> Chicken Fajitas Turkey Pepperoni Calzone Corn Green Beans Chilled Fruit	22 <u>Yogurt w/Granola Packet</u> Chicken Nuggets w/roll Breadsticks w/Meat Sauce Whipped Potatoes/Gravy Garden Salad Chilled Fruit	23 <u>Bagel with Cream Cheese</u> Cheese Steak Sandwich UNO Pizza Oven Fries Garden Salad Chilled Fruit	24 <u>French Toast Minis</u> Spaghetti w/Breadstick Chicken Sandwich Roasted Sw Potato Wedges Garden Salad Fresh Fruit	25 <u>PopTart w/String Cheese</u> BIG DADDY Pizza Beef Ribette Sandwich Baked Beans Turnip Greens Chilled Fruit
28 <u>Cereal</u> Teriyaki Chicken w/Br Rice Meatballs in Sauce w/Br Rice California Blend Vegetables Chopped Kale Mandarin Oranges	29 <u>Breakfast Sliders</u> Cheese Sticks w/Marinara Sau Nachos with Tex-Mex Black Bean Salad Green Peas Chilled Fruit	30 <u>Breakfast Breads</u> BIG DADDY Pizza Fish Sandwich Sw Potato Bites Garden Salad Chilled Fruit	31 <u>Mini Pancakes</u> Baked Chicken with roll Steak Fingers Whipped Potatoes/Gravy Garden Salad Orange Smiles	**School Lunch Across the USA** is to show case regional favorites all over the country.